



The Quail

July/August 2012

News from Lane County Audubon Society



From Our President

Life is Short

Maeve Sowles

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Inside The Quail

- From Our President..... 1
- Conservation Column 2
 - Forage Fish Threatened
- Audubon in the Schools 3
 - Farewell, Welcome, and a Call for New AITS Instructors
- Field Notes..... 4
- Board and Committees 7
- LCAS Membership Form 8
- Volunteer Notes: Doris Bakshi 9
- Volunteer Notes: Joyce Baker 10
- Community Calendar 11
- Bird Walks & Events..... 12
 - Birdwatching by Canoe
 - Third Saturday Bird Walk

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 See page 7.

I have a couple of goals for mid-to-late summer this year. One is to get up to the higher mountain elevations to see the montane wildflower displays that start showing July through August. It has been a few years since I made this trek, and I realize it is something I don't want to miss yet again. I have memories of hiking the trail at Iron Mountain with hillside rock gardens ablaze with Indian paintbrush interspersed with bright yellow stonecrop. There are also high meadows where the array of blooming flowers changes weekly as the progression of flax, penstemon, yarrow, saxifrage, lupine, larkspur, beargrass, and others creates a stunning palette of colors. Trails at Mount Hood, Jefferson Park, and the Three Sisters areas can be bountiful with flowers, but also mosquitos. Male Rufous Hummingbirds will move up to higher elevations where these flowers provide food for them as they begin their southward migration by first flying up to the mountains for this feast of flowers. Other birds to look for are Mountain Bluebirds, Hermit Warblers, Gray Jays, Mountain Chickadee, Sooty Grouse, and Ruffed Grouse.



A second goal for this summer is to visit the coast in August to see migrating shorebirds. This southern migration occurs over a relatively long period of time, through October, with the adult males generally moving through first, then females,

(continued on page 6)



Forage Fish Threatened

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Most fisheries management is concerned with large commercially fished species such as salmon and tuna. It is uncommon for smaller species such as anchovies to be discussed, except perhaps when choosing toppings for pizza. Yet forage fish such as anchovies, sardines, and smelt play a crucial role in the marine ecosystem. They form the essential link between smaller plankton and larger fish such as tuna and salmon, as well as whales and other sea mammals, and many species of seabirds. It is critical that fisheries management councils turn their attention to the management of smaller forage fish. Large quantities of forage fish are being taken to provide feed for livestock and poultry or to be turned into fertilizers and pet food. Given the rapid expansion of the aquaculture industry, there is a huge increase in the use of forage fish to feed farmed fish. A recent report by the Lenfest Forage Fish Task Force (PEW Charitable Trust) found current management to be insufficient to sustain forage fish populations given this escalating demand. They also noted that, based on their ecosystem role, forage fish are economically worth more in the ocean than they are worth harvested.

A review this spring in the scientific journal *Bird Conservation International* revealed that seabirds are the most threatened group of birds, with the status of most seabird populations continuing to show rapid declines. Past studies have shown a correlation between forage fish abundance and seabird breeding success. In a long-term study recently published in *Science*, researchers collected data on 14 seabird species including gulls, terns, puffins, penguins, and murre. They found that if forage fish abundance fell below one third of the maximum biomass ever recorded, the seabirds were less successful at raising young. As long as the amount of forage fish in the sea was greater than this threshold, the number of chicks produced was unchanged by fluctuations in food availability. The “one-third for the birds” rule-of-thumb may prove useful in the development of management plans.

The Pacific Fishery Management Council will meet early this summer and have a chance to consider this issue. Many Oregon Audubon chapters have joined together to encourage the council to protect forage fish species and the marine ecosystem they sustain. Lane Audubon signed on to a letter requesting that the council prevent the development of any new fisheries for forage fish and refrain from expanding any existing forage-fish fisheries until the science is in place for effective ecosystem-wide management of these species.

The letter also expressed concerns about management of the ESA (Endangered Species Act) listed eulachon, a species of smelt (also called hooligan and candlefish). They are a favorite prey of many animals including the endangered Marbled Murrelet. Endemic to the eastern Pacific Ocean, ranging from northern California to southwest Alaska, eulachon populations have declined dramatically, with a 98% reduction in catch after 1993 compared to previous years. Among the suggestions was a call for identification and designation of all eulachon key habitats, time-sensitive area closures, support of by-catch reduction measures and a monitoring system to enforce them, and the implementation of an effective cap on the amount of allowable by-catch of eulachon.

Many species and an entire ecosystem stand to benefit from careful consideration of healthy, sustainable forage fish populations. We hope that the Pacific Fishery Management Council focuses on conservation and recovery for these fish.

Sources:

Global seabird response to forage fish depletion—One-third for the birds, *Science* (2011), 334 (6063): 1703-1706

Seabird conservation status, threats and priority actions: A global assessment. *Bird Conservation International* (2012), 22:1-34

Little fish, big impact: Managing a crucial link in ocean food webs. (2012). Lenfest Forage Fish Task Force. Report and video summary at <http://www.lenfestocean.org/foragefish>

Farewell, Welcome, and a Call for New AITS Instructors

Kris Kirkeby

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I will be stepping down from coordinating the Audubon in the Schools (AITS) program at the end of June. After twenty years of teaching an art and biology curriculum, it comes with a bit of sadness but also pride that so many children have learned to observe our natural world and its creatures in special ways. At the end of spring term the AITS program has reached more than 9,600 students since its start in the spring of 2005!



I'm also very proud to announce that one of our current instructors, Barclay Browne, has agreed to take on the role of coordinator. She has been a very dedicated instructor and has a great passion for education. Barclay comes to us with a PhD in molecular biology from the University of Alabama at Birmingham.

We finished our spring term with our roster of instructors down in numbers, so we very much need to recruit and train new people to join us for the fall term. You can help by contacting friends you think would have fun volunteering as an AITS instructor.

AITS combines biology and art lessons for children in grades 2-5. We currently offer lessons on bird skeletons, bird feathers, bird nests, birds and their ecosystems, bird flight and skeletal function, and Go Birding, a unit on beginning bird identification.

You don't have to be a bird biologist or an artist to teach this curriculum. We need volunteers who love birds and enjoy teaching young children. Barclay will arrange for free training sessions in late July or August.

How much time will it involve? The training involves two full Saturdays. Our aim is to have a large enough pool of instructors, so volunteers need commit to only one visit per month. Each instructional visit lasts one hour, plus time to pick up and return the teaching collection.

If you're interested in training to teach in the AITS program, please call or e-mail Barclay Browne soon: 541-338-4643, barclay.browne@gmail.com.

Audubon in the Schools instructors visited Edgewood Community Elementary School nine times in April and May. We presented bird lessons to the second grade classes taught by Mitzi Shirk, Janet Watson and Debi Newberry. Here is one student's response:

Dear Kris, I had so much fun with you. I do hope we will see you again.

PS I learned that bird wings have thumbs.

PPS Birds are so cool.

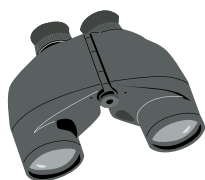
PPPS Bird feathers are so soft.

PPPPS When I was little I thought birds were animals that fly.

PPPPPS I did not know that bird bones were hollow.



Field Notes: April-May 2012



- Lazuli Bunting
- Forster's Tern

- Murphy's Petrel
- Blue Jay

Tom and Allison Mickel

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The weather was a little more normal this spring, with rain for most of April but mostly dry during May. The spring migrants seemed to arrive a little later than normal overall, especially flycatchers. There are a number of great bird sightings for the county in this report period, including a first Oregon record if it's accepted by the Oregon Bird Records Committee (OBRC)!

Abbreviations: Fern Ridge Reservoir (FRR), North Jetty of the Siuslaw River (NJSR), South Jetty of the Siuslaw River (SJSR)

WATERBIRDS

| | | | | |
|---|----------|-----------------------|-----------|--|
| Greater White-fronted Goose (300) | April 22 | Deadwood | KB | A normal time for their migration. |
| Greater White-fronted Goose (1225) | April 28 | Eugene area | MN | Flocks flying overhead. |
| Tundra Swan | April 1 | Eugene airport | MN | Last report for the winter. |
| Blue-winged Teal | April 13 | Washburne Lane | AP,BH | A couple weeks earlier than normal. |
| Redhead | April 1 | FRR | MN | First report for the summer. |
| Black Scoter (40) | April 6 | Tokatee Klootchman | DP | An unusually large number for the county. |
| Black Scoter (21) | April 6 | NJSR | DP | Obviously the height of migration. |
| Long-tailed Duck | May 13 | SJSR | NS | Last report for the winter. |
| Horned Grebe | April 8 | FRR | RR | Found the last few years at this time of year. |
| Northern Fulmar | April 6 | NJSR | DP | Migrating to the breeding grounds. |
| Murphy's Petrel | April 17 | cruise ship off coast | JW,et al. | Rare for ocean off Lane Co. |
| Cook's Petrel | April 17 | cruise ship off coast | JW,et al. | Very rare for ocean off Lane Co. |
| Sooty Shearwater (2) | April 6 | NJSR | DP | Migrating to the breeding grounds. |
| American White Pelican | May 20 | Oakridge area | JW,et al. | Rare away from FRR. |
| White-faced Ibis (15) | May 15 | FRR – Royal Ave | RR | Rare, but almost annual at this location. |

GROUSE to GOATSUCKERS

| | | | | |
|------------------------------------|----------|--------------------|-------|--|
| Ruffed Grouse (drumming) | April 8 | Veneta area | RR | Found in the same area the last few years. |
| Bald Eagle (nest w/3 young) | April 13 | Skinner Butte | TMe | Largest number of nestlings to date. |
| Golden Eagle | April 8 | Washburne Lane | SK | Uncommon in the valley. |
| Peregrine Falcon | April 30 | Skinner Butte | RR | Local breeder? |
| Sora | April 5 | FRR | RR | A normal time for their spring arrival. |
| Black-necked Stilt | April 9 | FRR – Fisher Butte | SM | A few days earlier than normal. |
| Black-necked Stilt (2) | April 13 | Alvadore Rd | AP,BH | Last report for the spring. |
| American Avocet (2) | May 15 | FRR | RR | Rare, but almost annual – mostly spring. |
| Wandering Tattler (2) | April 29 | NJSR | DP | Normal migration time and location. |
| Western Sandpiper (600) | April 21 | Baker Beach | DF | A good day for migrant shorebirds. |
| Wilson's Phalarope (4) | May 13 | FRR | NS | About a week later than normal. |

| | | | | |
|-------------------------------|----------|--------------------|---------|--|
| Red-necked Phalarope | May 1 | FRR | JC | A normal migration time. |
| Caspian Tern | April 12 | Florence area | DF | A normal time for their migration. |
| Black Tern | April 28 | FRR | fide JC | Almost a week earlier than normal. |
| Forster's Tern | May 12 | FRR | MS,RR | Rare during migration and breeding season. |
| Marbled Murrelet (14) | April 6 | Tokatee Klootchman | DP | An unusually large number for the county. |
| Rhinoceros Auklet (15) | April 29 | NJSR | DP | Normally a good location after breeding. |
| Short-eared Owl (2) | April 5 | Meadowlark Prairie | JD | Wintering birds still being seen. |
| Common Nighthawk | May 30 | River Rd area | TMe,MRu | A few days earlier than normal. |

PIGEONS to JAYS

| | | | | |
|---------------------------------|----------|----------------------|-----------|--|
| Band-tailed Pigeon | April 18 | Skinner Butte | DA,et al. | About a month later than normal. |
| Black Swift | May 9 | Delta Ponds | JC | Rare, but normal migration window. |
| Black Swift (3) | May 26 | Siltcoos River mouth | DF,AK | More common on the coast. |
| Vaux's Swift | April 14 | Skinner Butte | BG | A week later than normal. |
| Vaux's Swift (7000) | May 11 | Agate Hall – UO | DL | A normal migration time. |
| Calliope Hummingbird | April 18 | SW Eugene | S&SG | First of 11 reports, but not as many as last year. |
| Lewis's Woodpecker | April 22 | Skinner Butte | BG | Rare during spring migration. |
| Acorn Woodpecker (2) | April 23 | Skinner Butte | JC | Rare at this location. |
| Red-naped Sapsucker (2) | April 22 | Skinner Butte | S&SG | Quite rare during spring migration. |
| Olive-sided Flycatcher | April 26 | Skinner Butte | RR | A few days earlier than normal. |
| Western Wood-pewee | May 7 | River Rd area | BC | A few days later than normal. |
| Willow Flycatcher | May 18 | Willow Creek | TM | A few days later than normal. |
| Hammond's Flycatcher | April 17 | Mt. Pisgah area | TM | Right on schedule. |
| Gray Flycatcher | May 1 | Skinner Butte | RR,DA | Rare in the county – a little over 10 records. |
| Dusky Flycatcher | April 28 | Eugene area | MN | About a week later than normal. |
| Pacific-slope Flycatcher | April 22 | Skinner Butte | BG | Right on schedule. |
| Say's Phoebe | April 7 | Siltcoos River mouth | DF | Unusually late. |
| Say's Phoebe | April 25 | East Springfield | GG | Extremely late. |
| Western Kingbird | April 17 | FRR dam | MN | A few days later than normal. |
| Western Kingbird | May 19 | Siuslaw River | DF | Rare on the coast. |
| Loggerhead Shrike | May 7 | SJSR | SM,SH | Rarely found at the coast. |
| Cassin's Vireo | April 15 | Crow Rd | RR | About a week later than normal. |
| Warbling Vireo | April 21 | South Hills, Eugene | BC | Right on schedule. |
| Blue Jay | April 25 | Marcola | DSt | Returned after the fall. |

LARKS to GROSBEAKS

| | | | | |
|--------------------------------------|----------|----------------------|-----------|---|
| Horned Lark (2) | April 1 | FRR – E. Coyote Unit | RR | An area where they've been found during the |
| Lark (9) | April 8 | FRR – E. Coyote Unit | RR | Horned breeding season before. |
| Purple Martin | April 15 | FRR | RR | A few days later than normal. |
| Northern Rough-winged Swallow | April 7 | Delta Ponds | BG | A few days later than normal. |
| Northern Rough-winged Swallow | May 2 | Mt. Pisgah | LM,et al. | Nest building. |
| Cliff Swallow | April 4 | FRR | MN | About a week later than normal. |
| Barn Swallow | April 7 | Golden Gardens | VT | About a week later than normal. |
| House Wren | April 28 | Skinner Butte | TMe | About a week later than normal. |
| Swainson's Thrush | May 2 | Clearwater Park | RR | Right on schedule. |
| Northern Mockingbird | April 16 | Alvadore | DB | Last report for the winter. |

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|------------------------------------|----------|----------------------|-----------|--|
| Snow Bunting | May 20 | SJSR | JC | Rare spring record. |
| Nashville Warbler | April 18 | Skinner Butte | DA,et al. | A few days later than normal. |
| Yellow Warbler | April 22 | Skinner Butte | S&SG | About a week earlier than normal. |
| Black-throated Gray Warbler | April 5 | North Eugene | BG | Right on schedule. |
| Hermit Warbler | April 18 | Skinner Butte | AP | A few days earlier than normal. |
| Cerulean Warbler | April 28 | SE Eugene | FM | A first Oregon record if accepted by OBRC. |
| MacGillivray's Warbler | April 25 | Mt. Pisgah area | LM,et al. | A few days later than normal. |
| Common Yellowthroat | April 3 | SW of Eugene | BN | A few days later than normal. |
| Wilson's Warbler | April 18 | Skinner Butte | DA,et al. | About a week later than normal. |
| Yellow-breasted Chat | May 6 | FRR – E. Coyote Unit | LG | Right on schedule. |
| Chipping Sparrow | April 8 | FRR – Zumwalt Park | RR | About a week later than normal. |
| Brewer's Sparrow | May 12 | Heceta Head | NS | First Lane Co coast record. |
| Vesper Sparrow | May 15 | FRR – Royal Ave | RR | About a month later than normal. |
| Lark Sparrow | May 29 | McKenzie Bridge area | MN | Rare, but almost annual. |
| Grasshopper Sparrow | May 15 | FRR – Royal Ave | RR | A few days later than normal. |
| Fox Sparrow | May 4 | W downtown Eugene | EC | Last report for the winter. |
| White-throated Sparrow | April 27 | SE Eugene | AM | Last report for the winter. |
| Golden-crowned Sparrow | May 25 | SE Eugene | AM | Last report for the winter. |
| Western Tanager | April 21 | Skinner Butte | TMe | Right on schedule. |
| Rose-breasted Grosbeak | May 28 | FRR area | TG | Rare, but almost annual. |
| Black-headed Grosbeak | April 25 | Marcola | DSt | Right on schedule. |
| Lazuli Bunting | April 23 | Skinner Butte | TM,JC | About a week earlier than normal. |
| Yellow-headed Blackbird | April 5 | FRR | RR | Right on schedule. |
| Brown-headed Cowbird | April 5 | FRR | RR | A few days earlier than normal. |
| Bullock's Oriole | April 23 | Skinner Butte | TM | A couple days earlier than normal. |
| Evening Grosbeak (100's) | April 9 | Clearwater Park | RR | About a week later than normal. |

DA Dennis Arendt, DB Dave Brown, KB Kaki Burruss, EC Ellen Cantor, JC Jim Carlson, BC Barbara Combs, DF Daniel Farrar, TG Tim Gallacher, LG Linda Gilbert, S&SG Steve & Susie Gordon, BG Brandon Green, GG George Grier, SH Sally Hill, BH Bill Hunter, SK Sandra Kowall, DL Dick Lamster, SM Sylvia Maulding, LM Larry McQueen, TMe Thomas Meinzen, AM Allison Mickel, TM Tom Mickel, FM Fred Munz, BN Bruce Newhouse, MN Mark Nikas, DP Diane Pettey, AP Al Prigge, RRe Ron Renchler, RR Roger Robb, MRu Mark Rudolph, MS Maeve Sowles, DSt Dianne Stewart, NS Noah Strycker, VT Vjera Thompson, JW Jay Withgatt

From Our President: Life is Short Continues (*continued from page 1*)

and then juveniles. The fall shorebird migration is more leisurely than spring migration, and the birds might stay in an area for a time to feed and gain strength. It seems like a great chance to not only enjoy the ambience of the Oregon coast but to hone my shorebird ID skills for not-often-seen birds like Golden Plover, Lesser Yellowlegs, and any variety of sandpiper. I also enjoy seeing the easier to identify Black Oystercatcher, American Avocet, and Killdeer, but they are birds I do not see unless I go out looking for them!

I get busy in my day-to-day activities and do not always make time for the things I enjoy. A chance to hike and picnic in the mountains or on the coast would be a welcome change. Some of these outdoor experiences are so transient and special that if we let them come and go without appreciating them, we have to wait a full year for it to happen again. Who knows what can happen in a year's time? Life is short and time is precious.

Check us out on Facebook

Lane Audubon is now on Facebook! Please join our page and stay informed about events, bird walks, news, and conservation issues. Share bird sightings, photos, links, events, nature news and stories.

<http://www.facebook.com/home.php#!/pages/Lane-County-Audubon-Society/330177413824>



Deadlines:

September issue: August 4

October issue: September 1

Submit material to
Cheron Ferland
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The Quail is the newsletter of Lane County Audubon Society, which is a chartered chapter of National Audubon Society. Nine issues are published per year (*May-June, July-Aug. and Dec.-Jan. are double issues*).

Local members of National Audubon Society receive a free subscription to *The Quail* but are encouraged to voluntarily join Lane County Audubon Society.

Subscriptions: Contact Tim Godsfil at 541.915.8852 or tgodsfil@gmail.com.

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A message from Lane Audubon Board of Directors

Maeve Sowles, President

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We ask you to become a local member of Lane County Audubon Society and support our grassroots efforts in the local community. All of your local dues stay here to help us work on local education projects and conservation issues related to birds and their habitats. With your support, we will continue to do the things you expect from us. We welcome your suggestions—this is your Audubon!



**Lane County Audubon Society
Membership Benefits**

The Quail—
9 issues/yr.

**Field trips and
bird walks**

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**Conservation issue
representation**

**Answers to
questions—
541.485.BIRD**

Visit our web site:
www.laneaudubon.org

Lane Audubon welcomes you—join or renew today!

Lane County Audubon Society needs your local membership dues to keep our various programs alive! This means that your membership dues for National Audubon Society no longer support a membership in your local chapter. Become a member of Lane County Audubon Society today to help us continue our educational programs and our work in protecting birds, other wildlife, and their habitats in Lane County. We appreciate your support.

Lane Audubon Membership Dues

Individual \$20.....\$ _____

Students and Seniors (65 and over) \$15\$ _____

Family \$25\$ _____

Lifetime Membership \$400.....\$ _____

I want to do more. Here's my tax deductible contribution for\$ _____

Total Enclosed (check payable to Lane County Audubon Society)\$ _____

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Gift memberships

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Lane Audubon's Living Legacy program

I'd like to receive e-mail alerts about conservation issues.

Mail this form and your payment to:
Lane County Audubon Society
P.O. Box 5086
Eugene, OR 97405



A Volunteer Spot for Everyone

Kris Kirkeby

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Emu. Bald Eagle. Great Frigatebird. Sandhill Crane. Doris Bakshi likes big birds, even though she has had her run-ins with aggressive Emus and Canada Geese. She says wild turkeys hitting the roof sound like basketballs but she appreciates the small birds, too, with a passion for hummingbirds.

Doris is the person who helps LCAS handle membership renewal notifications. If your membership has lapsed (say it isn't so), she'll send you a card. And if you have already received your free three-month trial subscription to *The Quail*, you'll get a card that begins "A little birdie told me ..."

She has been doing this for three or four years. She says it's really a team effort. Tim Godsil runs the membership data report and prints the labels, Ron Renschler brings the supplies, and then Doris prepares the cards, sending them flying out in the mail. This job is done on a quarterly basis and involves preparing about 400 cards.

Doris has lived in Eugene about 11 years now. She grew up on a farm in southern Indiana and got interested in nature because her dad, who was involved in the lumber industry, had her memorize all the names for trees. When the family moved to town she struck out on hikes in the town's hills. She always enjoyed birds but thinks the gift of Bushnell binoculars from her children cemented the love.

Her first sighting of a Bald Eagle was in the San Juan Islands when she was the only one with binoculars, which rotated through many hands that day. She has been bird-watching in 48 of the 50 states and has kept a bird list for as long as she has been looking for birds.

She worked at the LCAS education booth when she first moved to town and says it was fun because it was a great way to meet interesting people. Now she encourages new people to the area to volunteer for booth staffing. Most of the questions are about identifying birds, but the booth has several field guides there to help. The booth offers people handouts and information sheets, and if a question can't be answered, volunteers record it along with contact information so someone can follow up later with the answer.

Although Doris is a long-time bird-watcher, she didn't become an Audubon member until she moved here. She became active pretty quickly, working with Rick Arhens' Christmas Bird Count group her first year in town. She ended up on television that evening when a TV crew followed them around. For seven or eight years she helped serve the traditional chili dinner that concludes that event. Now she does a Backyard Bird Count each year and finds it an amazing experience.

Some health problems have meant Doris can't work the booth or do much fieldwork now, but in the spirit of volunteerism she asked if she could help out while at home. She began doing membership renewal notification soon thereafter. We appreciate Doris's willingness to help and thank her for her contributions over the years.



Bald Eagle by Cary Kerst

Treats for the Winged and Walking

Kris Kirkeby

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Joyce Baker remembers her delight at age ten in discovering that if she threw seeds out on the snow outside her home in Sedro-Woolley, Washington, birds would come! Now, many years later, LCAS program attendees delight in discovering the bakery spread Joyce provides us with each month.

Life is full of irony. I asked her how she stayed so thin when she baked so well and she said she doesn't have sweet things in her house because sugar disturbs her sleep! Her loss is definitely our gain, so to speak!

Audubon volunteers find their niche by interesting routes. Joyce said she had been at a program meeting when Maeve Sowles, LCAS's ever hard-working president, came in after a hard day's work carrying a package of fig newtons. Joyce decided that one way she could help was to provide the pre-meeting treats. Nothing against fig newtons, but her baked goods far surpass our expectations every month!

Her love of baking began when Joyce was raising her two children. She always had fun with creative approaches to animal-shaped pancakes and birthday cakes. She likes using different recipes and used to bring coffee cakes to the meetings. However, her cupcakes have been the latest trend, and she provides an ongoing delight of toppings and combinations.

Her two young grandchildren, ages 3 and 5, visit her often. Since she doesn't have a cookie jar in her home, she is proud to report that their first request is for her to get down the binoculars. While the bird-loving gene hasn't yet expressed itself strongly in her granddaughters, she is proud of the way they describe her as "knowing all about birds." They frequently come to her with bird-related questions.

Joyce moved to Eugene in 1970 and in the late 1980s became involved with Audubon, going on a birding trip to the Malheur Field Station led by Dan Gleason. Joyce describes herself as an avid backyard birder, designing her garden to draw in birds. She has a bubbling rock that serves as an Anna's Hummingbird bath. One of her favorite birding experiences was last summer when she donned black slacks, yellow shirt, and red bandana to work outside. She was shocked to look up and see a similarly clad friend land near the water, a Western Tanager!

Joyce enjoys what she calls her "pods" — her Tai Chi friends, the Audubon group — and likes sharing a variety of common interests. She particularly enjoys the reports of bird sightings at our monthly program. Since Joyce is a therapist by trade, I asked her what she thought watching birds brings to people. She says looking out at a yard with birds at her office has a calming effect on her clients. They may be in the middle of a troubling conversation and see a bird fly by. She says she can see the tension momentarily release as they ask, "What was that bird?"

Joyce likes Abraham Maslow's description of "peak experiences" or high points in life. She feels that people are fortunate when they can feel thrill and awe when watching a bird. She thinks these moments are peak experiences for most of us. Her insight reminds us that we need to take the time to enjoy these moments of peace and joy!



by Cary Kerst

Wings and Wine Festival 2012

The seventh annual Wings and Wine Festival was held on May 12 under beautiful blue skies, for the first time ever! We had help from many volunteers and want to let them know how much we appreciate their help and support in this community outreach for Lane Audubon.

| | | |
|---------------------------|----------------|-----------------------|
| Bird Walk Leaders: | Laura Johnson | Audubon Booth: |
| Rick Ahrens | Pat Boleyn | Kris Kirkeby |
| Daphene Sampson | Anne Heyerly | Nancy Radius |
| Jim Maloney | Bruce Newhouse | Phil Smyser |
| Tom Mickel | Peg Boulay | Diane McInnes |
| Allison Mickel | Dave Bontrager | Ron Renschler |
| John Sullivan | | Maeve Sowles |



Community Calendar, Events, and Opportunities

A service to Lane Audubon members

Native Plant Society of Oregon, Emerald Chapter: Guided Wildflower Hike

July 21, 8:00 a.m. – 4:00 p.m. (Saturday)

Alan Curtis leads a trip to Upper Elk Meadows (30 miles southeast of Cottage Grove). Hike 1.5 miles through old-growth timber and wet meadows.

FMI: 541-345-2571

Cascades Raptor Center: Family Nature Discovery Days

July 29 and August 26

Cascades Raptor Center, Eugene

July, "Wildlife Play Hospital"

August, "All About Owls"

Fee. FMI: www.eraptors.org/

Nearby Nature Quest: Bugs by the Billions

August 11, 10:00 a.m. – 12:00 p.m. (Saturday)

Alton Baker Park, Eugene

Registration and fees required

FMI: 541-687-9699, ext. 2, www.nearbynature.org/programs/

WREN (Willamette Resources and Education Network): Wetland Wander

August 14, 9:00 a.m. – 10:30 a.m. (Tuesday)

Meadowlark Prairie

Explore the West Eugene with your family

FMI: 541.338.7047, info@wewetlands.org

Cascades Raptor Center Greeters Needed

Cascades Raptor Center, Eugene

Like helping people and introducing them to the birds? Come be a greeter for Cascades Raptor Center (CRC)! If you would be willing to take a four-hour shift once a week to assist in CRC's gift shop and visitor center, please contact Louise at 541-485-1320, louise@eraptors.org.

Lane Audubon has received more than \$900 in donations as a memorial to Alice Dugan. We thank those who donated in her name; she inspired generosity and action in others.

Bird Walks and Events



Maeve Sowles

541.343.8664

president@laneaudubon.org

**SATURDAY
July 21**

BIRDWATCHING BY CANOE

Dick Lamster will lead a birdwatching-by-canoe trip at Fern Ridge Lake. You will need to furnish your own canoe or kayak and lifejackets (required). Each craft will need an aquatic invasive species prevention permit (see www.boatoregon.com). To get more information and reserve a spot, call 541.343.8664. If you do not have a canoe, call anyway, as other participants may have extra space in their canoe.

**SATURDAY
August 18**

THIRD SATURDAY BIRD WALK

Location and Leader TBA

Check the LCAS website at <http://www.laneaudubon.org/birdwalk.htm> to learn more about the leader, location and start time. We will meet at the South Eugene High School parking lot (corner of 19th and Patterson) for carpooling. A \$3 donation is suggested. Please remember not to leave valuables in your car as a precaution.

Welcome and thank you to new volunteer Nancy Curran, who has volunteered to deliver *The Quail* to the post office and distribute extra copies to locations around town. THANKS to Nancy!



NATIONAL AUDUBON SOCIETY
LANE COUNTY CHAPTER




*The
Quail*

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